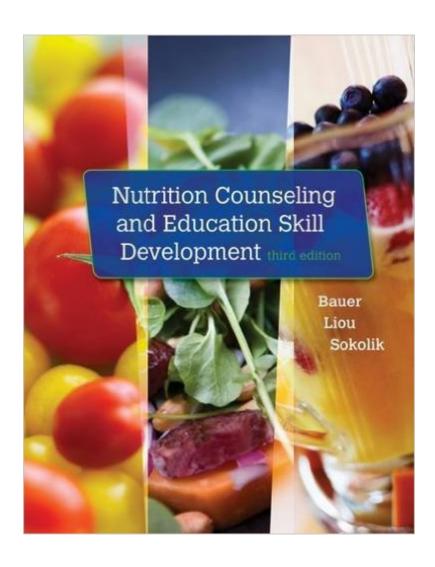
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# Nutrition Counseling And Education Skill Development





## **Synopsis**

This book is a step-by-step guide to the fundamental skills of nutritional counseling strategies and protocol, complimented by action-based worksheets and practical case studies. The authors provide a solid foundation of counseling and education principles, opportunities to practice new skills, and knowledge of evaluation methodologies.

### **Book Information**

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It was well put out, easy to read and follow, and I like that there were many diagrams

Very good.

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